

CONFIDENTIAL CASE HISTORY FILE

Dr. Alys Smith, DC
509 Olive Way, Suite 1342
Seattle, WA 98101
(206) 682-1460

Date: _____
Full Legal Name: _____ Name you prefer: _____
Address: _____ City, State, Zip: _____
Phone: (home) _____ (cell) _____ (work) _____ Social Security #: _____
Birth Date: ____/____/____ Age: _____ Sex: _____ Marital Status: S M W D P
Spouse/Partner Name: _____ Number of Children: _____
Emergency Contact: _____ Relation: _____ Phone: _____
Your Employer: _____ Phone: _____
Email Address: _____ Referred by: _____

MEDICAL HISTORY (please be complete)

List any surgeries (include dates & reason): _____
List any hospitalizations (include dates & reason): _____
List any auto accidents (include dates): _____
List any on the job injuries (include dates): _____
List any current or past major medical conditions you have had (cancer, diabetes, heart disease, arthritis, etc.): _____
List all current over-the-counter and prescription medications used (include reason used): _____
List any health conditions that run in your family (cancer, heart disease, diabetes, arthritis, back problems, etc) _____

Have you been under a physician's care in the past year? No Yes Reason: _____
Have you ever been under chiropractic care? No Yes, describe: _____
If female, is there a possibility that you are pregnant? No Yes
Do you smoke/use tobacco? No Yes Exercise Habits? Never Occasional Frequent

Check any of the following symptoms you have noticed: (P=Previously, N=Now)

- | | | |
|---|---|--|
| P N | P N | P N |
| <input type="checkbox"/> <input type="checkbox"/> Headaches | <input type="checkbox"/> <input type="checkbox"/> Low back pain | <input type="checkbox"/> <input type="checkbox"/> Sensitive to light <u>or</u> sound |
| <input type="checkbox"/> <input type="checkbox"/> Dizziness <u>or</u> Light-Headed | <input type="checkbox"/> <input type="checkbox"/> Leg/foot numbness/tingling | <input type="checkbox"/> <input type="checkbox"/> Visual <u>or</u> Hearing disturbance |
| <input type="checkbox"/> <input type="checkbox"/> Jaw Pain, clicking, <u>or</u> locking | <input type="checkbox"/> <input type="checkbox"/> Leg/foot fatigue/weakness | <input type="checkbox"/> <input type="checkbox"/> Memory loss/problems |
| <input type="checkbox"/> <input type="checkbox"/> Pain or difficulty swallowing | <input type="checkbox"/> <input type="checkbox"/> Leg pain with walking | <input type="checkbox"/> <input type="checkbox"/> Irritability <u>or</u> depression |
| <input type="checkbox"/> <input type="checkbox"/> Neck pain <u>or</u> stiffness | <input type="checkbox"/> <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> <input type="checkbox"/> Fatigue <u>or</u> Loss of Energy |
| <input type="checkbox"/> <input type="checkbox"/> Shoulder Pain, L R | <input type="checkbox"/> <input type="checkbox"/> Nausea <u>or</u> Vomiting | <input type="checkbox"/> <input type="checkbox"/> Fainting <u>or</u> Convulsions |
| <input type="checkbox"/> <input type="checkbox"/> Mid back pain | <input type="checkbox"/> <input type="checkbox"/> Diarrhea <u>or</u> constipation | <input type="checkbox"/> <input type="checkbox"/> Troubled balance/coordination |
| <input type="checkbox"/> <input type="checkbox"/> Chest pain <u>or</u> cough | <input type="checkbox"/> <input type="checkbox"/> Blood in urine <u>or</u> stool | <input type="checkbox"/> <input type="checkbox"/> Sleep disturbances/problems |
| <input type="checkbox"/> <input type="checkbox"/> Pain/trouble breathing | <input type="checkbox"/> <input type="checkbox"/> Difficulty or pain w/ urination | <input type="checkbox"/> <input type="checkbox"/> Rashes (face, body, limbs) |
| <input type="checkbox"/> <input type="checkbox"/> Arm/hand numbness/tingling | <input type="checkbox"/> <input type="checkbox"/> Difficulty with sexual function | <input type="checkbox"/> <input type="checkbox"/> Joint pain <u>or</u> swelling |
| <input type="checkbox"/> <input type="checkbox"/> Arm/hand fatigue/weakness | <input type="checkbox"/> <input type="checkbox"/> Abnormal menstrual periods | <input type="checkbox"/> <input type="checkbox"/> Pain w/ exertion (stair climb, etc) |

HAVE YOU HAD ANY OF THE FOLLOWING:

- | | |
|---|---|
| NOW: <input type="checkbox"/> Pain worse at night | EVER: <input type="checkbox"/> History of Cancer |
| <input type="checkbox"/> Constant Pain | <input type="checkbox"/> History of IV drug use |
| <input type="checkbox"/> Recent bacterial infection (30 days) | <input type="checkbox"/> History of Blood transfusion |
| <input type="checkbox"/> Loss of bowel or bladder control | |
| <input type="checkbox"/> Recent surgery (30 days) | |

INFORMATION ABOUT YOUR CURRENT CONDITION/COMPLAINTS

What is your primary complaint/problem? _____

List other symptoms: _____

When did your symptoms first begin (give date if possible)? _____

How did your symptoms first begin? _____

Pain is: Constant Intermittent Is your condition getting worse? _____

What activities aggravate your conditions? (list) _____

What activities lessen your symptoms? (list) _____

List all Doctors/therapists/specialists seen for this problem & treatment given:

Have you had: X-Ray MRI or CAT scan EMG Bone Scan Blood Work

Who is your family medical doctor: _____

List all home remedies tried for this problem: _____

Is your condition worse at certain times of the day or night? _____

Does your condition interfere with: (yes/no) Work _____ Sleep _____ Normal Daily Routine _____

Have you had symptoms like this before? No Yes, describe _____

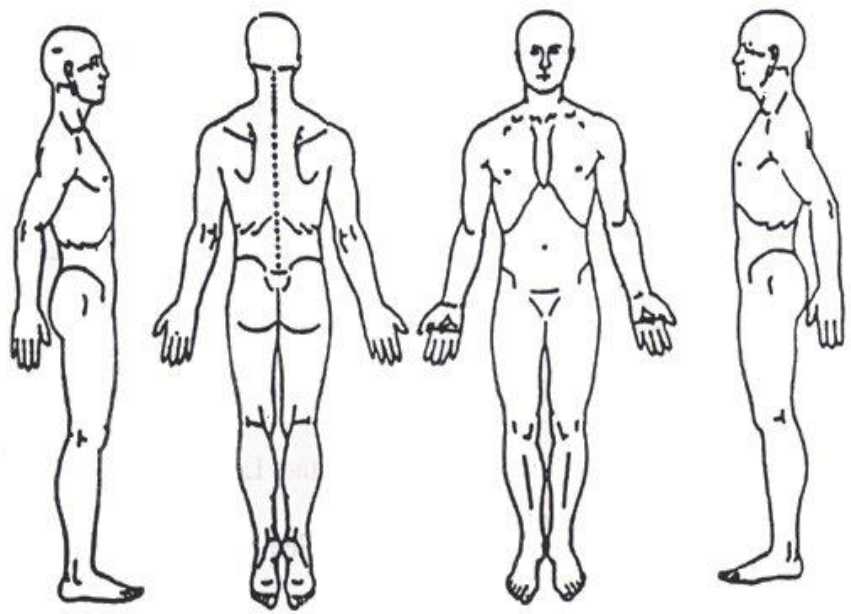
Regarding your main complaint:

How bad is your pain? (make a slash on all 3 scales)

1) RIGHT NOW	0 -----	10
2) AVERAGE	0 -----	10
3) AT WORST	0 -----	10
	0=no pain	10= worst pain

**Draw the area
 Of your symptoms
 Using these symbols:**
 (mark on the figures)

- XXX = Ache
- * = Sharp/Stabbing
- ~~~~ = Numbness/Tingling
- >-> = Shooting
- ///// = Stiff/Tight
- ooo = Burning



Patient Signature: _____

Date: _____

Patient Name (printed): _____